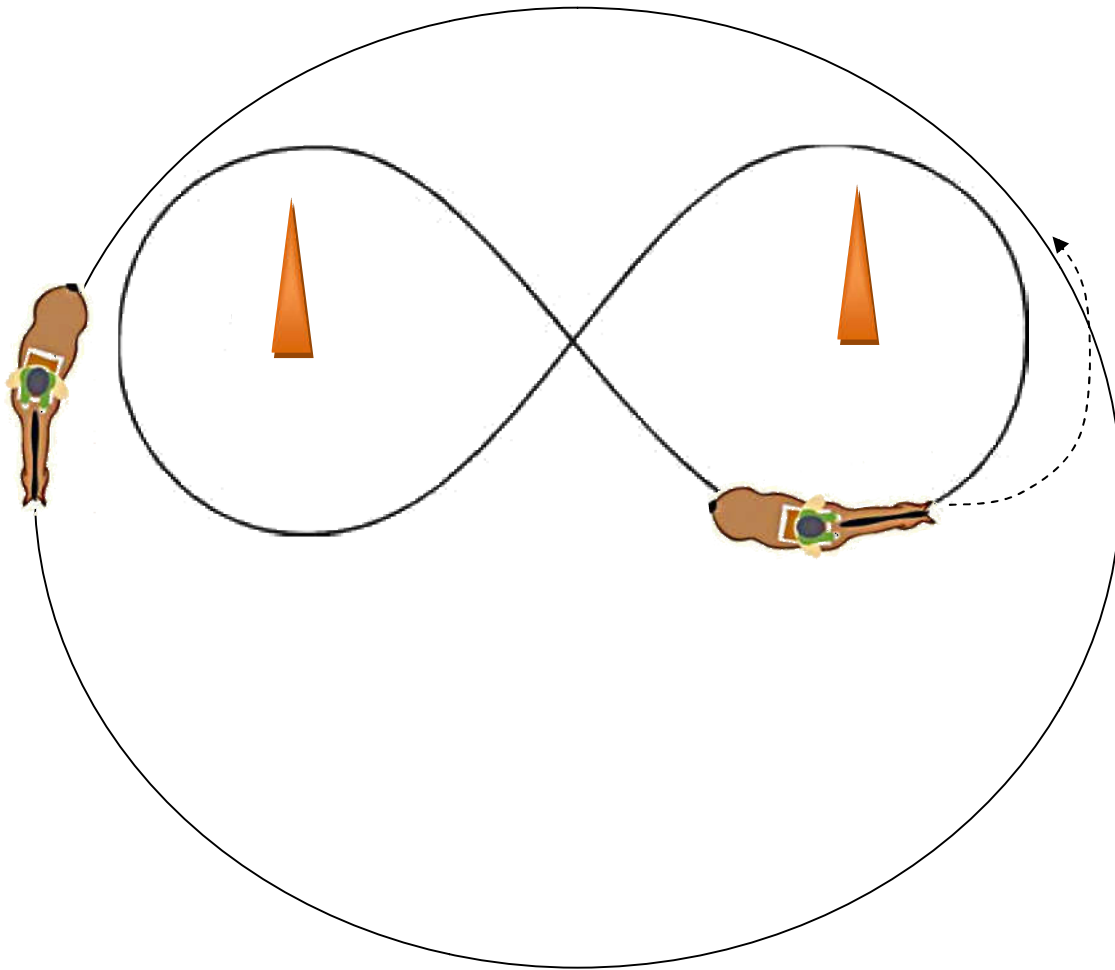


Ride The 88008



- Do 2 figure 8s
- Let your horse continue onto a circle after finishing the second figure 8
- Make sure you incorporate the cones inside the circle
- Do 2 circles or 0s
- Then after completing the 2nd circle come back to the figure 8 pattern with a change of direction
- Then do one more figure 8 - at this point, repeat the pattern or halt in the middle.
 - ❖ The center of the figure 8 can be a FLC if you are cantering.
 - ❖ When you do the pattern again, allow the horse to come off the figure 8 in the opposite direction to circle both ways.

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The purpose of the pattern - it combines the figure 8 and circling to add variety/forward motion and it can be used to build to flying changes. Also it encourages the horse to ask questions, "Are we doing another circle or moving to the figure 8 this time?"